



2019 will undoubtedly bring about more challenges for the Police Service, with decreasing police officer numbers, an uncertain Government and the introduction of a new Force Operating Model. Please be assured that your Federation will continue to tackle these issues head on, ensuring that we deliver the *best possible* service to our members.

On behalf of the full time officers and your local representatives, may I take this opportunity to wish you and your families and a happy, peaceful and prosperous 2019.

January Surgeries

Northumbria Police Federation continue to facilitate a variety of surgeries every month for eligible officers and police staff. These include Mortgages, Wills, Pre Retirement Financial Planning, Family Law, Debt Management as well as general Financial Advice. All initial 1 hour sessions are free of charge. [Click here for details of our January Surgeries including how to book.](#)

Holiday Lodge Windermere

We still have very limited availability during 2019 for our [Holiday Lodge in Windermere](#) , which is available to hire at [special rates for members of our Group Insurance Scheme.](#) [Click here for more details and to access the online booking calendar](#)

The Northern Police Healthcare Scheme

[The Northern Police Healthcare Scheme](#), administered from the Federation Office, is a self-financing Trust, offering private medical treatment to subscribing members and their families. With subscriptions from **only £15 per 4 week period including free Police Treatment Centre membership**, the Scheme makes private healthcare affordable to all. [Click here for full details including prices and application form.](#)

In addition, as an added bonus, members of our [Healthcare Scheme](#) can book a break in one of our two luxury barn conversions in Wandylaw, Near Chathill, Northumberland at *very competitive prices.* [Click here for full details of The Stables/Wandylaw Cottage including prices and to access the booking calendar](#)

Pre Retirement Courses 2019

Your Federation continue to organise 2 day Pre Retirement Courses - facilitated by Steve Carss at Carss Financial Partners Ltd - *completely free of charge to our members.* These Courses cover such useful subjects as Financial and Estate planning, Recruitment and CV preparation, as well as Mortgage/Property issues.

Pre Retirement Courses will now take place on the following dates, all at the [Beefeater Moor Farm, Annitsford](#) commencing at 9.30 am on both days:

Thursday/Friday 7/8 March
Thursday/Friday 25/26 April
Thursday/Friday 20/21 June

If you are within 18 months of retirement and would like to attend a Pre Retirement Course, please email info@norpolfed.org.uk to register your interest in the first instance, stating your proposed retirement date.

Federation Open Meetings

You may remember we undertook an email scoping exercise in October last year to gauge members' interest in attending a Federation Open Meeting in 2019. Out of the 17% response we received from our membership, only 267 officers expressed their interest in attending, so we have therefore taken the decision not to hold an Open Meeting this year.

Know Your Rights

Not all officers are aware of their basic entitlements under [Police Regulations](#), and we are keen to spread awareness of these and the support available to our members. [Click here to read a Quick Reference Guide re your main Terms and Conditions.](#)

If you have specific questions regarding your conditions, please contact your [local Federation Representative\(s\)](#).

Jim Gray
Chairman
Northumbria Police Federation

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