

JANUARY NEWSLETTER

Police Federation of England & Wales (PFEW) Welfare Support Programme

The PFEW is starting 2020 with a renewed commitment to the mental health and wellbeing of our members.

With effect from 1 January 2020, the PFEW has doubled the funding allocated to the [Welfare Support Programme](#) (WSP) – a helpline for police officers and their families who are going through life-changing circumstances.

This will provide for a team to run the helpline around the clock, 365-days-a-year, not only responding to callers, but also making proactive calls to officers who are referred to the programme by their Federation representative, plus a bespoke counselling service.

Forthcoming Surgeries

Your Federation continues to facilitate a variety of surgeries every month for the benefit of **both** Police Officers **and** Police Staff. These include **Mortgages, Wills, Pre-Retirement Financial Planning, Family Law as well as general Financial Advice**. All initial one hour sessions are **free of charge**.

[Click here for full details including how to book.](#)

Pre-Retirement Courses and Seminars

Two Day Pre Retirement Courses delivered by Carss Financial Partners continue to be held at the [Beefeater Moor Farm, Annitsford](#). The following dates are now booked for Pre Retirement Courses in during 2020:

Thursday/Friday 30/31 January
Thursday/Friday 21/22 May
Thursday/Friday 17/18 September

Thursday/Friday 26/27 March
Thursday/Friday 9/10 July
Thursday/Friday 19/20 November

These Courses are *completely free of charge to our members* and cover such useful subjects as **Financial and Estate planning, Recruitment and CV preparation, as well as Mortgage/Property issues**. Duty time is afforded for all attendees and food and refreshments are provided.

If you are a *subscribing* Federation member within 18 months of retirement and would like to attend a Pre-Retirement Course, please email info@norpolfed.org.uk to register your interest in the first instance, stating your proposed retirement date.

In addition, our members can also access *free* **Pre Retirement Financial Advice Seminars**, which are delivered by [Police Money Matters \(PMM\)](#) who have an excellent reputation within the Police Family throughout the UK.

One of the aims of these Seminars is to ease officers into retirement by enabling them to effectively go from a full salary to a pension income without a change of lifestyle, from the point of retirement right up to state pension and beyond. [Click here for dates and venues for 2020 PMM Seminars](#)

If you wish to attend one of these popular events, please email info@norpolfed.org.uk. A buffet lunch will be provided.

The Northern Police Healthcare Scheme

[The Northern Police Healthcare Scheme](#), administered from the Federation Office, is a self-financing Trust, offering private medical treatment to subscribing members and their families. With subscriptions from **only £16 a month (including free Police Treatment Centre membership)** the Scheme makes private healthcare affordable to all. [Click here for full details including prices and application form.](#)

You could be owed a Tax Refund

Over 1 in 3 taxpayers have paid more tax than needed after being given the wrong tax code by HMRC. [The Tax Refund Company](#) can look at this for you. For more information and to find out if you are due a refund [please click here](#)

OUR HOLIDAY HOMES

As you know, we now own and manage four Holiday Homes, two for the benefit of our [Group Insurance Scheme Members](#) and two for the benefit of our [Healthcare Scheme Members](#). The purpose of these Holiday Homes is to offer high quality, affordable breaks to members of these schemes.

Holiday Lodge Windermere

We have just released new dates up to **June 2021** for our [Holiday Lodge in Windermere](#), at specially reduced prices for members of our [Group Insurance Scheme](#). [Click here for 2021 prices](#). We also still have very limited availability left for 2020. [Click here to check availability and to submit a booking enquiry.](#)

The Old Byre, Wandylaw, Northumberland

[The Old Byre](#) (sleeps 5) is a three bedroomed stone-built barn conversion located less than half a mile from the A1, is within easy reach of Alnwick, Berwick and Edinburgh. It is available for hire at discounted prices by members of our [Group Insurance Scheme](#). [Click here for full details, prices and to access the online booking calendar for 2020 dates.](#)

The Stables and Wandylaw Cottage

Members of our [Healthcare Scheme](#) can book a break in one of our two luxury barn conversions in Wandylaw, Near Chathill, Northumberland at *very competitive prices*. [Click here for full details, prices and to access the online booking calendar for 2020 dates](#)

Know Your Rights

Not all officers are aware of their basic entitlements under [Police Regulations](#) and we are keen to spread awareness of these and the support available to our members. [Click here to read a Quick Reference Guide re your main Terms and Conditions](#). If you have any specific queries, please contact your local Federation Representative(s).

Jim Gray
Chairman

Northumbria Police Federation, 11-14 Apex Business Village, Annitsford, Cramlington,
Northumberland NE23 7BF Tel: 0191 437 3000

Website: www.norpolfed.org.uk Email: info@norpolfed.org.uk



@northumbriafed



Northumbria Police Federation