

AUGUST NEWSLETTER

Physiotherapy & Counselling Services For Group Insurance Members

We are delighted to confirm that our **Physiotherapy, Chiropractic and Counselling** services continue to be delivered at the Federation Office at no additional cost for Group Insurance Scheme members.

If you are a member of the [Group Insurance Scheme](#) and wish to book a Physiotherapy, Chiropractic or Counselling appointment, please ring the Federation Office Reception on **0191 4373766** or email norpolfedreception@polfed.org

If you are not already a subscribing member of our Group Insurance Scheme, this is a comprehensive scheme offering **Life Insurance, Personal Accident Cover, Half Pay Sickness Cover, Worldwide Travel Insurance, Legal Expenses Cover (on or off duty), UK/European Motor Breakdown cover, plus access to a 24 Hour Counselling Helpline & Support Service.** [Click here to read the full Scheme Benefits.](#)

If you are not yet a member and wish to join, [please click here for an application form](#) which should be completed and returned to the info@norpolfed.org.uk for processing. **Please note that applications are welcomed from both Police Officers and Police Staff.**

The Northern Police Healthcare Scheme

[The Northern Police Healthcare Scheme](#), administered from the Federation Office, is a self-financing Trust, offering private medical treatment to subscribing members and their families. With subscriptions from **only £16 a month (including free Police Treatment Centre membership)** the Scheme makes private healthcare affordable to all. For full details of the scheme, including prices and an application form, [please click here](#). Any completed application forms should be sent to healthcare@npf.polfed.org.

Pre-Retirement Courses

We are in the process of organising dates for 1 day Pre-Retirement courses for 2022, these courses will be delivered by Carss Financial Partners. If you are interested in attending a course, please email info@norpolfed.org.uk with your retirement date. Once we have further dates confirmed, we will contact those officers who have registered an interest.

Pension Webinar

To view the free webinar on proposed changes to the pension scheme, please visit www.norpolfed.or.uk

Injury Recording/Reporting

When any injury is recorded on the new E Safety system, it now requires consent from the injured person for the information to be provided to the Federation. Without this consent we will be unable to make contact with our members in order to provide support or signposting to other service providers such as Physio/Counselling and financial entitlements.

FEDERATION SURGERIES

Our service providers have agreed to offer telephone contact, online meetings or a face-to-face meeting at a location which is convenient to yourself:

Family Law

Slater Gordon Solicitors are holding a Surgery at the Federation office on **27th September 2022**. One hour appointments slots are available, please email info@norpolfed.org.uk to book an appointment. Slater Gordon offer a bespoke, specialist legal service to Northumbria Police Federation Members and their families advising on all aspects of Family Law.

Financial Advice, Mortgages / Investment Services / Wills / Estate Planning

Carss Financial Services offer mortgage, insurance, investment, power of attorney and estate planning advice. Please ring Steve Carss on **07775 575445** or email info.cfp@btconnect.com

Discounts On Alt-Berg Boots

Alt-Berg, the Yorkshire bootmakers, offer exclusive discounts to Police Federation members on their whole range of high quality police boots. The full range can be viewed on their dedicated [site](#).

This site and the **exclusive discounts** offered are password protected for viewing by **Police Federation Members only**. To receive the password, please email info@norpolfed.org.uk

Special Personal Contract Hire Offers On Volkswagen

We are pleased to announce that we are still working with [Lookers Volkswagen](#) to provide our members and their immediate families with exclusive offers on Volkswagen personal contract hire vehicles. Offers are only available through Lookers Volkswagen Scotswood Road . [Click here for full details](#).

The Stables and Wandylaw Cottage - 2023 Dates Now Available

We have now released dates for 2023 Members of our Healthcare Scheme can book a break in one of our two luxury barn conversions in Wandylaw, Chathill, Northumberland at very competitive prices. [Click here for full details, prices and to access the online booking calendar](#).

The Old Byre, Wandylaw, Northumberland - 2023 Dates Now Available

We have now released dates for 2023 for The Old Byre (sleeps 5) is a three bedroomed stone-built barn conversion located less than half a mile from the A1, is within easy reach of Alnwick, Berwick and Edinburgh. It is available for hire at substantially discounted prices by members of our Group Insurance Scheme for 3, 4 and 7 night bookings.

[Click here for full details, prices and to access the online booking calendar](#)

Duty Spectacles/Contact Lenses

Just a reminder that the Force will provide financial assistance towards the cost of obtaining duty spectacles/contact lenses, should your optician deem your eyesight requires correction.

Payments will be made up to a maximum of £55. Claims will only be considered every 2 years but there is no time limit on replacement spectacle lenses.

Applications should be made on a [SPECS 1](#) form which should be signed and stamped by your optician. Remember to attach the relevant receipts (copies will suffice). Completed forms should then be sent to Payroll & Pensions Department at Forth Banks for processing.

Know Your Rights

Not all officers are aware of their basic entitlements under [Police Regulations](#) and we are keen to spread awareness of these and the support available to our members. [Click here to read a Quick Reference Guide re your main Terms and Conditions](#). <https://www.polfed.org/media/13810/qrg-complete.pdf> If you have any specific queries, please contact your local Federation Representative(s), details of which can be found on the Force's intranet within the Staff Associations section.

Jim

Jim Gray
Chairman

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Northumbria Police Federation