

FEBRUARY NEWSLETTER

PHYSIOTHERAPY & COUNSELLING SERVICES FOR GROUP INSURANCE MEMBERS – REOPENING

We are delighted to confirm that our **Physiotherapy, Chiropractic and Counselling** services will be reopening with effect from the **1st February 2021**. Please be assured that these new services are provided in *strict compliance* with all guidelines relating to the current Covid-19 pandemic.

If you are a member of the [Group Insurance Scheme](#) and wish to book a Physiotherapy, Chiropractic or Counselling appointment, please ring the Federation Office Reception on **0191 4373766** or email norpolfedreception@polfed.org

If you are not already a subscribing member of our Group Insurance Scheme, this is a comprehensive scheme offering **Life Insurance, Personal Accident Cover, Half Pay Sickness Cover, Worldwide Travel Insurance, Legal Expenses Cover, UK/European Motor Breakdown cover, plus access to a 24 Hour Counselling Helpline & Support Service**. [Click here to read the full Scheme Benefits.](#)

As detailed above, membership of this Scheme also enables **immediate** access to **Physiotherapy, Chiropractic and Counselling services**. If you are not yet a member and wish to join, [please click here for an application form](#) which should be completed and returned to the info@norpolfed.org.uk for processing. **Please note that applications are welcomed from both Police Officers and Police Staff.**

INJURY ON DUTY REPORTING

In order for us to continue to provide the best possible service to officers who are injured/assaulted on duty, it is imperative that supervisors complete an Accident Report via the Force system at their earliest possible convenience. This then allows us to contact the respective officers promptly, highlighting the various support options available to them.

Depending on the nature of their injury and which schemes an officer is subscribing to, options can include submitting a **Group Accident claim**, completing a **Civil or Criminal Injuries Compensation claim**, making an application to attend **The Police Treatment Centres**, reclaiming associated Prescription costs/medical expenses from the Force etc.

The prompt submission of Accident Reports also alerts us to any welfare issues which could potentially arise as a result of an incident/injury, so we can offer ongoing advice and support in relation to any health management issues.

TAX RELIEF ON FEDERATION SUBSCRIPTIONS

Did you know that you can claim tax relief on your Federation subscriptions? If you haven't already registered with HMRC to claim this, you can go back 6 years. In addition, you can also claim tax relief on Flat rate expenses, e.g. uniform cleaning, work boot replacement etc. The following are links to letters pre-addressed to HMRC to enable you to submit these claims:

[Click here to download a letter to reclaim tax for the current year](#)

[Click here to download a letter to reclaim tax for the last 6 years plus Flat Rate Expense Allowance](#)

SPECIAL PERSONAL CONTRACT HIRE OFFERS ON VOLKSWAGEN

We are pleased to announce that we are still working with [Lookers Volkswagen](#) to provide our members and their immediate families with exclusive offers on Volkswagen personal contract hire vehicles. Offers are only available through Lookers Volkswagen Scotswood Road . [Click here for full details.](#)

FEDERATION SURGERIES

Due to ongoing Coronavirus implications, we are still unable to hold our usual monthly surgeries at the Federation Office. We have therefore approached our service providers who have agreed to offer telephone contact should any members require advice or assistance with any of the following issues in the interim period:

Family Law

Holmes Family Law solicitors offer a bespoke, specialist legal service to Northumbria Police Federation Members and their families advising on all aspects of Family Law. They offer a free and comprehensive initial hour long appointment. Please ring **0191 500 9337** or **01670 707338** or email lily@holmesfamilylaw.co.uk

Financial Advice (including Covid-19 related financial issues), Mortgages / Investment Services / Wills / Estate Planning

Carss Financial Services offer mortgage, insurance, investment, power of attorney and estate planning advice. They can also give advice and guidance in relation to the furlough process or other financial issues relating to the Covid-19 situation. Please ring Steve Carss on **07775 575445** or email info.cfp@btconnect.com

Additional Wills & Estate Planning

Taylor–Hall are a ‘Whole of Market’ broker with 30 years of industry experience and technical excellence. They are there to support their clients throughout every stage of their life. Please ring Mark Hall on **07885 041245** or email mark@taylor-hall.co.uk

REDUCED HEALTHCARE SUBSCRIPTIONS FOR MEMBERS’ CHILDREN

We are delighted to announce that, with effect from 1 January 2021, Healthcare subscriptions for adult children (aged 21- 29) of *existing* members of the Scheme decreased from £29 to £16, representing a saving of £13 per month. [Please click here for full pricing details.](#)

Serving officers and Police Staff who are members of the Scheme can add their children to their membership before a child reaches their 21st birthday by emailing pchapman@npf.polfed.org giving full name(s) and date(s) of birth.

The Northern Police Healthcare Scheme, administered from the Federation Office, is a self-financing Trust, offering private medical treatment to subscribing members and their families. With subscriptions from **only £16 a month** (*including free Police Treatment Centre membership*) the Scheme makes private healthcare affordable to all.

If you are not yet a member of the Healthcare Scheme and wish to join please [click here](#) for the relevant application form, which should be completed and returned to pchapman@npf.polfed.org for processing.

The Stables and Wandylaw Cottage

Members of our Healthcare Scheme can book a break in one of our two luxury barn conversions in Wandylaw, Chathill, Northumberland at *very competitive prices*. [Click here for full details, prices and to access the online booking calendar.](#)

The Old Byre, Wandylaw, Northumberland

The Old Byre (sleeps 5) is a three bedroomed stone-built barn conversion located less than half a mile from the A1, is within easy reach of Alnwick, Berwick and Edinburgh. It is available for hire at *substantially* discounted prices by members of our Group Insurance Scheme for 3, 4 and 7 night bookings. [Click here for full details, prices and to access the online booking calendar](#)

Holiday Lodge Windermere

There is still limited availability for our [Holiday Lodge in Windermere](#), at specially reduced prices for members of our Group Insurance Scheme. Dates for 2022 will be released in the near future, please keep checking our website for updated availability. [Please click here to check availability and to submit a booking enquiry.](#)

Know Your Rights

Not all officers are aware of their basic entitlements under [Police Regulations](#) and we are keen to spread awareness of these and the support available to our members. [Click here to read a Quick Reference Guide re your main Terms and Conditions.](#) If you have any specific queries, please contact your local Federation Representative(s), details of which can be found on the Force's intranet within the Staff Associations section.

Jim

Jim Gray
Chairman

Northumbria Police Federation, 11-14 Apex Business Village, Annitsford, Cramlington,
Northumberland NE23 7BF Tel: 0191 437 3000
Website: www.norpolfed.org.uk Email: info@norpolfed.org.uk



@northumbriafed



Northumbria Police Federation